



Berkshire Healthcare  
NHS Foundation Trust



# Public Consultation on mental health inpatient facilities serving the East of Berkshire



16 August 2010 - 30 November 2010

Berkshire Healthcare NHS Foundation Trust (BHFT) is the main NHS provider of mental health services in Berkshire. These are the services to which your GP would refer you if you had a serious mental health problem such as severe depression or schizophrenia for example. The vast majority of these services are provided by specialists such as psychiatrists, psychologists and nurses and are mostly provided in the home or at a base close to home.

BHFT provides these services for approximately 20,280 people across the whole of Berkshire, which is about 2.5% of the population. On occasion it may be necessary for a person to go to hospital for more intensive treatment and care. If that is needed, BHFT currently provide hospital care from 3 hospital sites in the east of Berkshire as shown in the map below.

#### Location of inpatient services in East Berkshire



## What is this document about?

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This document describes why we want to consider changing our plans for those inpatient beds serving East Berkshire and presents three options for you to think about and asks for your views. We will use your views to help us make a final decision about where our hospital beds should be located. This consultation does not concern services provided to Berkshire West residents.

The public consultation will be launched on 16th August 2010 and run until 30 November 2010. In order to consider your views, we need to receive them by 30 November 2010. Since we hope to get a lot of people giving us their views and to allow views to be anonymous, we have decided to use an independent organisation (Dr Foster Intelligence) to collate and analyse the responses and comments received.

The findings will be included in a report which will be presented to our Board. The Board will consider all the information it has and make a final decision as to which option represents the best improvement in quality of the service as well as value for money. This decision will be made public in February 2011.

Notification of this will be posted in the local media and on the Berkshire Healthcare Foundation Trust website:

**[www.berkshirehealthcare.nhs.uk/  
publicconsultation](http://www.berkshirehealthcare.nhs.uk/publicconsultation)**

## Why do we need to change?

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The Trust is committed to achieving high quality care with the same standard of accommodation provided for inpatients regardless of where they live in the county. At present this is not the case and the ward facilities we offer to people living in the west of the county are far better than those for people in the east. We tried to address this in 2008, when we conducted a public consultation and concluded that a new hospital unit of 64 beds serving East Berkshire should be built at Upton Hospital in Slough town centre.

However, since then, the global and national economic situation has changed dramatically and in the future we will need to provide all the care we currently provide but with less money. Whilst it seems probable that Health Services will be treated more generously than other public services in the government review of spending, it is very unlikely that this will go far enough to offset the impacts of population growth, ageing and the cost of new drugs and technologies.

These are the main reasons why expenditure on health needs to grow faster than inflation each year. This will mean that all NHS organisations will need to make savings in their existing budgets and to do this we have to review where we spend the funds we do get, to ensure we can carry on providing good care. Given this financial situation, one important question is whether it makes sense to spend money on a brand new building.

## What is proposed?

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The most significant change proposed in the options is to the actual physical location of the inpatient beds, but each option also has improvements to the quality of care that can be provided. These are highlighted in the section detailing each option.

All the options concern services for people over the age of 18 who live in the east of Berkshire and who require inpatient care for a mental health problem. Under all options, inpatient services to people living in the west of Berkshire will continue to be provided at Prospect Park Hospital in Reading and any changes will not impact on these services.

We have not considered upgrading current wards in Heatherwood and Wexham Park Hospitals as we know that we can not stay there for more than about 3 years. We rent the space we currently occupy from those hospitals and we know they have longer term plans for the space we use.

The options we are considering are:

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### Option 1

All hospital beds to be provided at Prospect Park Hospital in Reading resulting in us vacating all existing beds from the current 3 sites in the east.

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### Option 2

All hospital beds to be provided at Prospect Park Hospital except for those for older people (aged 75 years and over) in Charles Ward at St. Mark's Hospital, Maidenhead. Charles Ward would be redecorated and new furnishings provided, but not upgraded (the building itself cannot be altered to provide single bedrooms).

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### Option 3

Build a new, dedicated mental health unit at Upton Hospital, Slough which would replace all the current hospital beds in the east of Berkshire. Prospect Park Hospital would continue to serve the west of Berkshire.

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### How many people will be affected by any change?

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Approximately 375,000 people live in East Berkshire and currently up to 88 people over the age of 18 with a mental health problem may be treated in hospital at any one time. When in hospital, most people stay for about 30 days and will have trial periods of home leave during that time.

The proposal enables some bed reductions and so the total number of people affected on any one day would be 64 of the 375,000 residents of the east of Berkshire and their visitors.

The Trust acknowledges that if either Option 1 or 2 was chosen, some people would be faced with transport difficulties. Consequently, in calculating the cost of the different options, we have allowed up to £100,000 a year to fund a transport assistance scheme. The details of that scheme will need to be developed with users of the service and carers to ensure it is flexible and targeted at those who most need financial support. It is expected that Option 1 and 2 would require that targeted transport support in the long term.



Garden at Heatherwood Hospital



Therapy Room at Wexham Park Hospital

## What is the current situation?

At present, anyone living in Berkshire who requires a hospital bed for a mental health problem would be admitted to one of the following units:

<b>Prospect Park Hospital, Reading</b>	8 wards providing 144 beds (the hospital provides some beds for the whole county, Intensive Care and Intensive Rehabilitation, plus it has a further 20 beds that are due to be replaced by a Nursing Home in 2012).
<b>Heatherwood Hospital, Ascot</b>	2 wards - one providing general adult care and one for older people. A total of 45 beds.
<b>St Mark's Hospital, Maidenhead</b>	1 ward providing 23 beds for older people
<b>Wexham Park Hospital, Slough</b>	1 ward providing 20 beds for general adult care

Those inpatient wards in the east of the county are currently not up to the standard we would want and people who use them tell us that they would want better accommodation, such as single rooms and access to outside space. We also want to provide separate ward areas for people with very different needs - specifically older people with dementia and older people with conditions such as depression, who are currently in the same accommodation.

We rent the ward space at these hospitals and have done our best to make them fit for purpose. The wards meet the requirements for single sex accommodation, but people still have to sleep in dormitories, which is unhelpful in ensuring that their privacy and dignity is safeguarded. In addition, the ward at Wexham Park Hospital has no direct access to outside space. Also, the isolation of these wards can lead to increased safety concerns.

For some time, we have wanted to improve the quality of care and our hospital facilities in the east of Berkshire. We will be investing around £0.4m to enable us to provide 24 hour/7 day a week assessment and treatment at home for older people in the community. This service will support carers as well as patients and will meet people's wish to stay at home if at all possible. Since more people will be treated at home, the investment will enable us to reduce the number of beds we need for older patients. We will make that investment and have that service in place before we reduce the number of beds. All three options presented provide 64 beds for the east of the county and include this investment in community services to older people.

Prospect Park Hospital in Reading is purpose-built and opened in 2003. The hospital provides beds for people in the west of Berkshire (Reading, Wokingham and West Berkshire). The standard of the accommodation offered is noticeably superior to the facilities for East Berkshire. Single rooms are provided, with many offering en-suite washing and WC facilities. Each ward area has direct access to a garden. There will be surplus beds in Prospect Park Hospital by 2012 because there are some people currently there who will be moving into a nursing home.





Single Room at Prospect Park Hospital

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Dormitory at St. Mark's Hospital

# Money Matters

## How we get our funds?

We currently receive our funds from the local Primary Care Trusts (PCTs). The PCTs have the responsibility of "buying" NHS services for the population of Berkshire through contracts with NHS service providers like us. The PCTs receive their funding directly from the Department of Health who fund it with money they get from the Treasury (which in turn draws funds from tax payers and other sources).

## Why will money be tighter in the future?

For several years the NHS had been given money to grow and expand services as well as cover the cost of pay and price increases. In these leaner times the level of growth money into the NHS will be much less. This comes at a time when there is increased demand for NHS services, an ageing population and new treatments available. We will have to find the money to pay for all those pressures and meet cost inflation. To maintain our services we have estimated that we will need to find or save on average an extra £4 million each year for the next three years - a total of £12m to find or save by 2013.

Our financial forecast for the next 3 years is set out below:

	2010/11	2011/12	2012/13
Expected Costs with Inflation	£117m	£120m	£123m
Expected Income	£114m	£113m	£111m
Savings required	£3m	£7m	£12m

## How will we make the savings needed?

We are developing a plan to achieve these savings and have already started to deliver them. Our plan is this:

2010 - 2012	Amount £m
Reduce the cost of management and administration	3.5
Be more efficient in the way we provide services	4.0
<b>TOTAL</b>	<b>7.5</b>

This means we still have to find £4.5m. We expect to find a further £1m per year through finding ways of bringing in additional income, and a further £1m by ensuring that teams of medical and other clinical staff have the mix of qualifications, skills and experience which are appropriate to the service which is provided.

## What are the savings that could be made from the options proposed?

Compared with the cost of building and running a new unit at Upton Hospital (Option 3), we are confident that we could save around £2m a year by having all inpatient services at Prospect Park Hospital (Option 1) or split between Prospect Park Hospital and St Marks Hospital (Option 2), relative to the option to construct a facility for the east of the county at Upton Hospital (Option 3). The £2m saving allows for the investment in community services (this will be made regardless of which option is chosen) and for the cost of the transport scheme.

To help understand what £2m per year "buys", it is the equivalent of, for example:

- Employing 60 nurses either in wards or in the community
- The entire drugs budget for the Trust
- Employing 45 psychologists



If we decide to proceed with the Upton option (Option 3), we will have to find the £2m saving from elsewhere and that may mean we have to think about reductions in services provided by the Trust. At present, we have no clear plans for what those reductions may have to be, but they are likely to be in the services we provide to people in the community, for example, a reduction in the number of our community staff. They may also be in a reduction of the specialist services we provide to people with specific mental health problems. We would need to work with the Primary Care Trust (which buys services from us) to determine what reductions we should make if this proves to be necessary.



Art Therapy Room at Prospect Park Hospital

## Early views

Before we started considering our options, we wanted to understand what was important for people who use our hospital wards. We therefore carried out a survey of people who had recently received care in our inpatient wards. We found that people valued single bedrooms and easy access to outside space.

We wanted to understand how people travelled to the hospital, so we had an independent company do a survey of visitors to the wards. It found that the vast majority of the people surveyed travelled by car and visited more than once a week.

Because the changes under consideration will be long lasting, we also consulted the views of representative groups in the community regarding mental health services and inpatient services in particular. We engaged an independent market research company to enrol and monitor eight independent focus groups comprised of local people. People in each group were selected as typical of residents of the area in terms of age, ethnicity, social class and sex. There were 6-8 people in each group with a total of 57 respondents in all. The research found that most respondents (89%) believed that it was right to treat and care for most patients in the community and that the most important consideration for those admitted to hospital was the quality of treatment which it was possible to provide.

# Detailed options

## Option 1

### Under this Option:

**All inpatient services to move to Prospect Park Hospital, Reading.**

**All current wards in the east of the county to be vacated, in line with the Trust's decision following the public consultation in 2008.**



### What this would offer:

- Excellent accommodation for patients
- Separate wards for older people with dementia and those with depression
- Provision of more therapeutic activities due to more staff and expertise
- The ability to consider whether there would be benefits in different groupings of wards - for example a younger adult ward, or single sex wards
- More efficient use of resources
- Greater safety for patients and staff as more staff are on site
- Good transport links from Reading
- Critical mass that would deliver a centre of excellence which would in turn attract top quality clinicians and staff, which will improve quality of care
- Savings of around £2 million per annum

### Considerations:

- Travel issues for some patients and visitors from the east going to Prospect Park Hospital
- There is currently under-usage of the buildings at Prospect Park and this is due to increase
- No inpatient mental health services located within in the east of the county

### Financial considerations

- We would require capital of £4.9m to fund the alterations at Prospect Park Hospital to accommodate the wards to serve East Berkshire. The Trust would use its own cash resources to fund this investment.

## Option 2

### Under this Option:

**All inpatient services to move to Prospect Park Hospital except for those for older people, which would be located in Charles Ward, St Mark's Hospital, Maidenhead.**

**The ward at St Mark's Hospital would be redecorated and new furnishings provided (the building itself cannot be altered to provide single room accommodation)**



### What this would offer:

- Excellent facilities for those at Prospect Park Hospital
- Improved decoration and furnishings of the ward at St Mark's Hospital
- More opportunities to provide therapeutic activities at Prospect Park Hospital
- Retaining a facility within East Berkshire for older people
- Improved safety for patients and staff at Prospect Park Hospital as more staff are on site
- Services provided from relatively accessible locations
- Savings of around £2m per annum

### Considerations:

- Travel issues for some patients and visitors from the east going to Prospect Park Hospital
- Travel issues for some patients accessing St Mark's Hospital
- This option would not offer separate areas for older people with dementia and those with depression
- This option would not address the shortcomings of the ward accommodation at St Mark's Hospital in safeguarding patients' privacy and dignity through providing single bedrooms
- Isolation of ward and staff, raising safety concerns

### Financial considerations:

- We would require capital of £3.1m to fund the redecoration of the ward at St Mark's Hospital and the alterations at Prospect Park Hospital to accommodate the general adult wards serving the east of the county. The Trust would use its own cash resources to fund this investment.

### Option 3

#### Under this Option:

**The creation of a new mental health inpatient unit at Upton Hospital to provide all general adult and older people beds for people from East Berkshire.**

**All current hospital beds in East Berkshire would be vacated, in line with the Trust's decision following the public consultation in 2008.**



#### What this would offer:

- Excellent accommodation for patients
- Inpatient facilities within East Berkshire
- Separate ward areas for older people with dementia and those with depression
- Good transport links from many areas of East Berkshire
- Increased safety for staff and patients as there will be a higher number of staff on site

#### Considerations

- Travel issues for some patients and visitors
- No annual revenue savings
- The Trust would be less able to deal with the under-utilisation of the facilities at Prospect Park Hospital
- Additional Private Finance (PFI) commitment for the Trust
- Impact on capacity to deliver other services

#### Financial considerations

- We would require capital of £21.1m to fund the new facilities at Upton. The Trust does not have sufficient available cash to fund this investment and we would need to negotiate a Private Finance (PFI) or similar arrangement with a third party.

## How you can let us know your views

There will be lots of ways in which you can let us know your views. We will be holding meetings that are open to anyone who wants to come and our website will have all the information you need. We will use the local press and make the information available in public places. We will also put a leaflet through every door in East Berkshire. There is information below on the details:

## Meetings

The public consultation schedule is as follows:

Date	Time	Town	Address
6 Sept	2.30pm - 4.30pm	SLOUGH	The Centre Conference Venue, Farnham Rd, Slough, Berkshire, SL1 4UT
6 Sept	2.30pm - 4.30pm	CROWTHORNE	The Morgan Centre, Wellington Road, Crowthorne, Berkshire, RG45 7LD
7 Sept	7.00pm - 9.00pm	SLOUGH	The Centre Conference Venue, Farnham Rd, Slough, Berkshire, SL1 4UT
7 Sept	2.30pm - 4.30pm	BRACKNELL	Easthampstead Baptist Church, South Hill Road, Bracknell, Berkshire, RG12 7NS
9 Sept	2.30pm - 4.30pm	MAIDENHEAD	Marlow Road Community Centre, 4 Marlow Road, Maidenhead, Berkshire, SL6 7YR
15 Sept	7.00pm - 9.00pm	MAIDENHEAD	Windsor Ascot Maidenhead District Sports Association for the Disabled, Braywick Sports Ground, Maidenhead, Berkshire, SL6 1BN
30 Sept	2.30pm - 4.30pm	SANDHURST	Sandhurst Community Hall, Memorial Park, Yorktown Road, Sandhurst, Berkshire, GU47 9BJ
4 Oct	2.30pm - 4.30pm	WINDSOR	Windsor Leisure Centre, Clewer Mead, Stovell Road, Windsor, Berkshire, SL4 5JB
5 Oct	7.00pm - 9.00pm	BRACKNELL	Easthampstead Baptist Church, South Hill Road, Bracknell, Berkshire, RG12 7NS
22 Oct	2.30pm - 4.30pm	ASCOT	Carnation Hall, Winkfield Row, Chavey Down Road, Winkfield, Berkshire, RG42 7PA



### Where will meetings be advertised?

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- The Trust website
- The local press
- Trust members will be posted or emailed information
- Public places e.g. libraries, GP surgeries and leisure centres

All meetings will have access for disabled people. Meeting times will vary in order to accommodate those who can only attend during the day or in the evening.

### Material available at the meetings

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- Consultation document
- Questionnaire
- Transport survey on visitors journey times to units in the east
- Inpatient survey
- Focus group findings

### How to submit your response

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You can submit your comments on these options by completing the attached questionnaire and posting it using the pre-paid envelope. The questionnaire is also available online and can be completed and submitted via the website **[www.berkshire.nhs.uk/publicconsultation](http://www.berkshire.nhs.uk/publicconsultation)**

You can also email us with your comments, ask questions or make suggestions via **[haveyoursay@berkshireconsultation.co.uk](mailto:haveyoursay@berkshireconsultation.co.uk)** or by telephoning this Freephone number: **0800 014 7180**.

All comments/questions will be treated in confidence. These responses will also be submitted to the Trust Board for consideration.

### What will BHFT do with the results of the public consultation?

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An independent assessor, Dr Foster Intelligence, will collate and analyse all responses submitted. The assessor will produce a report which will be posted on the Trust public website and printed in document form and which will list both the questions and the comments made by participants.

These results will be submitted to the Trust Board to help enable them to make an informed decision as to which option offers the best solution - ensuring improved quality of service and delivering appropriate cost efficiencies.

### What we need to consider now

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We need to know the views of the public on each of the options so that we can make the best decision. In making the decision on which option to accept, the Trust Board will have to balance a number of matters. In addition to being satisfied that the options have been thoroughly consulted upon, the criteria that the Trust Board will use to make the decision between the options will be:

- Does the option maximise the benefits that we can offer to the majority of our service users?
- Does the option have a clinical/quality evidence base?
- Does the option ensure we can provide care that meets our Quality and Financial Regulator's requirements?
- Does the option offer clear value for money for the taxpayer?
- Does the option have support from GPs?

## The final decision

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The Trust Board hopes to announce its decision by February 2011. Should there be a delay in announcing the decision, this will be posted on the Trust website.

In addition, notices announcing the decision will be placed in the local media and on the Trust website [www.berkshirehealthcare.nhs.uk/publicconsultation](http://www.berkshirehealthcare.nhs.uk/publicconsultation).

Thank you for taking the time to read and comment on this public consultation document.

This document is also available in Urdu, Polish and Punjabi.

To download any of these translated versions please go to:

**[www.berkshirehealthcare.nhs.uk/publicconsultation](http://www.berkshirehealthcare.nhs.uk/publicconsultation)**

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**[www.berkshirehealthcare.nhs.uk/publicconsultation](http://www.berkshirehealthcare.nhs.uk/publicconsultation)**

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Niniejszy dokument dostępny jest również w języku urdu, polskim i punjabi.

Wersję w każdym z tych języków można uzyskać klikając poniżej

**[www.berkshirehealthcare.nhs.uk/publicconsultation](http://www.berkshirehealthcare.nhs.uk/publicconsultation)**

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ਇਹ ਪਰਚਾ ਪੰਜਾਬੀ, ਉਰਦੂ ਤੇ ਪੋਲਿਸ਼ ਵਿਚ ਵੀ ਮਿਲਦਾ ਹੈ। ਇਨ੍ਹਾਂ ਚੋਂ ਕਿਸੇ ਵੀ ਬੋਲੀ ਚ ਪਰਚਾ ਡਾਊਨਲੋਡ ਕਰਨਾ ਹੋਏ, ਤਾਂ ਇਸ ਵੈੱਬਸਾਈਟ ਤੋਂ ਕੀਤਾ ਜਾ ਸਕਦਾ ਹੈ:

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